

Welcome to Sparrow Co-creation Group



A gameworld for holistic healing collaboration, connection, and support

If you joined, you probably have a motive, and found some kind of energy that brought you here. You have a mission, an interest, a need.

The purpose here is to make an impact and provide possibilities for healing. However, healing is so diverse. There is no magic pill or one method that takes it all (maybe in Lord of the Rings 😊). Therefore the approach that is the most beneficial is holistic. As one person, you can't know it all...at least I got to come to the conclusion that I can't.

The intention of this group is to join our forces and the skills we have and we can share, the knowledge and experiences that we have gathered over the years of our lives. Open new doors for possibilities.

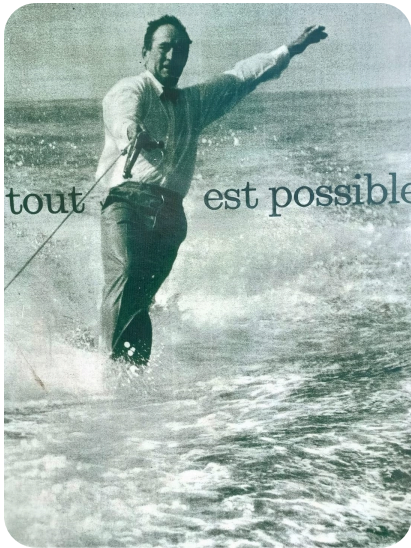
- You might need someone with a certain skill for your project, check the members and message them directly, or post it in the group and see who is interested in joining your expedition.
- You are in a listening space where you can share your challenges and related feelings. Ask who can hold space for you.
- You want to practice. Initiate a session.
- You are looking for feedback. Share your work/idea or whatever you need feedback about in your project.

Networking, and connecting are one of the focuses of the group. Whichever continent you are from or currently are, we all speak the language of connection. For this reason, there are offline gatherings planned in different locations. Online space is great to give us the possibility to be in touch but I think magic happens when people physically get together.

Last but not least, we gather for not being alone on our mission so here you can get and give support. We are on the same team and any necessities are welcome.

Let's connect, cooperate, and CO-CREATE!

Everything is possible.



Further information, and guidelines for participation:

- Participation in the group is voluntary but highly requested if you decide to join. Here is no authority, it is a co-creative space. Please feel free to share your questions or ideas that can help us to operate better as a community.
- Platforms:
 - Whatsapp Group chat
 - Clickup Workspace (e-mail address needed, you can find bios from members and further information, it is a collective workspace where we can work on this project together)
- After joining, please introduce yourself to the group and add your Bio in the Clickup Workspace that includes your interests, mission, ideas, projects - anything that you feel to share that helps the other members to get to know you and get an insight into your skills and purpose. Open the gate for vulnerability.
- Group call every 2nd week

Next one: 15th August 2024 6-7 pm CET.

I always post a reminder in the Whatsapp Group for the next call, including the topic of the meeting and the Zoom link (it is set as a recurring meeting, so the same link works for every Group meeting. ;)).

Generally, the Group calls are for sharing, connecting, and improving the group, and for anything that is currently on the agenda.

- Add your location (town, country) on the Co-creation Google maps.
- You can find all the information about the group in the Clickup Workspace. If you have any difficulty with the platform, please let me know and I send you a guideline.
- Ask for clarity if needed.
- Feel free to share what you are working on. This way we can get more information about your work and we can celebrate your achievements together!
- Initiate calls for:

- your own session where you can share your work/skill
- listening space
- feedback
- brainstorming space
- Team up space! - New idea/workshop/retreat/project- Who is in?
- ...and for anything you need
- Join our first Co-creation Camp - 16-22th September, Linhares, 3280-105 Portugal, Castanheira de Pêra - More info about the camp is in the Co-creation Camp folder in the Clickup Workspace)
More info about the camp on this Webpage: <https://www.connectnexus2.com/co-creation-camp>
- Expand The Circle – Invite other people to connect from the field of holistic healing.

Happy you are here.

With love,

Kata Galamb

Space holder of the Sparrow Co-creation Group

If you need any assistance or have any questions, don't hesitate to contact me.

